



## 77 WABC

by Sharon Feintuck

Thursday, March 15, MaryAnne Macari, Mr. Palley and I represented the Stamford High School Round Table at the first WABC high school press conference in New York City. We, along with other tri-state area high school representatives were given the opportunity to hear all about the radio station, listen to its top personalities and directors, and tour the radio station itself.

WABC is the most listened to radio station in the country. Many people wonder how WABC reached this prestigious position. The credit must be given to all who work there; directors, coordinators; as well as the top DJs. Most of the success is attributed to the delivery of the right combination of entertainment and information.

One topic of discussion at the press conference revolved around the question, "How is the music that is playing on the air selected?" WABC's playlist is determined scientifically and meticulously through careful study of charts from magazines in the music industry and weekly survey of 75 area record stores. Many WABC staff members attend music meetings each week to review all the research data that has been compiled as well as listen to new songs that have been sent in for audition (up to 300 per week!).

Other methods for selecting songs for the playlist is by telephone surveying and the use of diaries. Diaries are used by people to record their listening habits and they are instrumental in helping the station maintain its #1 rating.

Present at the press conference were some of



first female disc jockey who is originally from Stamford. Dan, Ron and George are all favorites and were accomplished radio personalities for several years prior to moving to New York. Liz is the newest DJ at the station and has reached the top after only 2½ years in the profession. That alone says what a promising future Liz Kiley has. George Michael has been named Billboard magazine's top DJ of the year and is a former voice of the New York Islanders hockey team.

WABC is very conscious of its listeners opinions. Due to the adverse comments on the length and number of commercials, they have altered this by running fewer commercial breaks along with long playing

records. In other words, more music.

Besides music, WABC has other programs that are extremely successful and informative. Of course there is a competent news staff who keep listeners in the tri-state area up to date on the latest news and weather. "Schoolscope" is sponsored by the New York City Board of Education to allow high school students to be heard on the air. Many public affairs programs are also aired on a regular basis.

WABC has been on top of the radio ratings for 20 years and the drive to stay there is as fervent today as it was in 1955. As their slogan says, "We play the music that you want to hear.", and as long as they do that, they'll still be number one.



## Students Rights

by Tracey Davies

Is it legal for public school officials to inflict corporal punishment on students? As of now the use of excessive physical force by the school officials on students is illegal. In the meantime, however the legality of the use of "moderate" physical punishment in schools varies from state to state and school to school. Some states, like Massachusetts and New Jersey, have laws forbidding all corporal punishment in their schools. Some states permit it; others permit punishment only on written approval from the parent. Some states only prohibit striking of the face or head.

The arguments for and against corporal punishment vary a great deal. In fact, the National Education Association, a nationwide organization of teachers, has recommended the immediate abolition of "infliction of physical pain upon students" for purposes of discipline. It's deemed a students right, by both state and federal courts, to sue a teacher who injures him in the course of administering corporal punishment. However, to do so you must prove that the action was both unreasonable and unnecessary under the circumstances and that you actually suffered injury. The U.S. Supreme Court states that corporal punishment should never be employed "as a first line of punishment for misbehavior."

The questions are when is corporal punishment unreasonable, and should corporal punishment be banned?

Whether to use corporal punishment is not a question of morality. It is a question that should be answered and applied to each individual case, and not a question to be answer

## The Round Table

CO-EDITORS - Sharon Feintuck, Mirella Pollifrone.

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## Black Knight Spotlight

### Les Jackson

by Sharon Feintuck  
Les Jackson is one of the most vivacious and active girls in Stamford High School. She is successful in various endeavors including sports & clubs and has very admirable aspirations for her future. As a member of the Varsity S Club, Les is very involved in sports. In basketball, she has been quite an asset to the girls squad. Two years in a row she was named as the best defensive player. She is a member of the all city team, all county and the all conference team for the past two years. She is also a member of the Connecticut Basketball Association sponsored by Pro Keds.

But Basketball is not her only athletic pursuit. In track Les has been just as productive as in basketball. For example she holds the state high jump record for girls at 5'7". She has been a member of the All Conference Track Team for 3 years and a recipient of the Coach's award and most valuable player award.

Les is the president of the minority student union. Academically, she received first honors in a language contest competing in Spanish three.

Out of school Les is just as active. She is an active member of the Yerwood Center. She enjoys running for pleasure. Les enjoys all types of music, but she favors blues, jazz, and soul.

Les enjoys very spicy Mexican food. She is also a vegetarian. She finds that being a vegetarian keeps her in good shape along with all of her exercise.

Looking into the future Les has aspirations of becoming a pediatric nurse. This summer she hopes to be an aide at the Yale New Haven hospital. As for college, Les would like to attend Temple Uni-

versity or the University of North Carolina. She says that in the future sports will definitely play an important part of her life.

Les wanted to add a

by Mirella Pollifrone  
This issues Spotlight shines on Rich LaBaddia, a clever and skillful clarinet and sax player in our S.H.S Band. Rich started to play the clarinet in the third grade and sax in the eighth grade. What encouraged him to take an instrument was that everyone in his family plays one and to Rich it was just natural that he would too.

When asked why he choose these two instruments, clarinet and sax he said "Usually people who play clarinet go on to sax because they don't have to change their methods of blowing and basically the finger movements are the same with a few changes. S.H.S has helped a lot with Rich's musical career. Especially Charles Murphy the band director, who worked and gave up much of his free time to help. Rich practices everyday and whenever he has free time. His hard work has paid off because out of everyone in Southwestern Connecticut he was chosen (along with two others from S.H.S) to play with the Southwest band.

Rich has started his own group which includes five people and is playing professionally. Rich has composed his own songs and is building a melody around various chord structures. That is quite an achievement for a junior in high school.

Rich doesn't plan to be a professional musician but instead plans to go into accounting, primarily for the money. However he will teach privately and play professionally when given the opportunity.

With all this in front of him, Rich certainly has a lot to look forward to. We at S.H. are lucky to have such a talented person in our midst.

ture through offering me a well rounded curriculum. The school spirit has also been an important part of my morale."

To an all around

## Quit Smoking NOW!

by Donna Bogdanski  
Recently, the Surgeon General issued another report on the dangerous side affects caused by smoking. Many people know that smoking is harmful to their health but continue to do so anyway because they find it enjoyable. After all, no one is going to stop doing something which is pleasurable. No amount of nagging will change their minds. Some people, however, would really like to stop smoking. It is only those people who have the desire to stop who will. The trick for these people is to find a way to take the pleasure out of smoking. Some suggestions that have proven helpful are as follows:

1. Stop using your favorite brand of cigarettes and switch to a brand you find distasteful. The less you enjoy the act of smoking the easier it will become to do without it. No one likes to do something they find unpleasant.

2. Don't empty your ashtrays. Let the ashtrays become overflowing with dirt. This will become unpleasant to look at. It will also remind you that more than twice as much of this junk is piling up in your body.

3. Do not buy your cigarettes by the carton. By doing this, it will become an inconvenience to run to the store every time you finish a pack. It is also more expensive to buy cigarettes by the pack although you may not notice this at first.

4. Smoke only under conditions that are considered unfavorable to you. For example, if you happen to like smoking with a group of people, smoke only when you are by yourself. Or, if there is a particular room in which you like to smoke, don't go there.

5. Change some of your eating habits in order to cut down on the amount you smoke. Instead of letting your eating patterns conform to your smoking, let your diet rule your smoking. For example, many smokers also are coffee drinkers because they find the tastes to be compatible. Change to some other drink, such as milk, in which the tastes works against the taste of cigarettes. The result is much the same as brushing your teeth and then drinking orange juice.

There is no magic cure for everyone who wants to stop smoking. Willpower is the most important thing to have. For more advice, write for Clearing The Air, a new guide to help those who wish to stop smoking. It is available from the National Cancer Institute, Bethesda, Maryland, 20014.



# Friendships

by MaryAnne Macari

Often in our conversations, we are used to hearing something to the effect of "Whatever happened to Jane Doe? I haven't seen her in ages" or "Sally Smith has certainly changed a lot. I can remember when she was....." or, "We used to be very close but no more." This is just one of the many examples of the coming and going of friendships during adolescent years.

Many people go through their major changes during their years in high school. This is their first real opportunity to learn, experience and make decisions by themselves. This is the time in their lives that they choose those people with whom they want to associate with throughout their lives.

Some teenagers go through numerous friendships before they finally find the ones that they have been searching for. It can either be a very easy and enjoyable task or it can be very painful and emotionally difficult for the person. It is sometimes hard to adjust to the change in companions. People usually become accustomed to the ways of their own friends and don't realize how differently or similarly other groups behave.

Therefore they are afraid of what they do or do not know and will hesitate to become a part of another group.

Another factor concerning friendships is that now more than ever young people are becoming very involved in strong heterosexual relationships. This could be a disadvantage as well as an advantage. It is good in a sense that a person can have the security and assurance of the opposite sex which is very important to most teenagers. But, if that person is extremely involved with his or her boyfriend/girlfriend, it obviously takes time away from their other friends. This sometimes causes feelings of neglect or abandonment, therefore leading to the separation of friends. However, there are friends who will understand how important the heterosexual relationship is to the other person.

Even though many friendships do disintegrate, some start very young and last throughout life. It all has to do with the individual and the situations that are faced in our everyday world.


Remember, a friendship is something worth cherishing--he or she can make life a much richer experience for both of you.

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# Body Language

by MaryAnne Macari

Body language is becoming increasingly popular. It is a new science that deals with non-verbal communication. Kinesics can make any non-reflexive or reflexive bodily movement into an emotional message to the outside world. In order to understand a person's body language, one must take into consideration the environmental differences and cultural backgrounds of people. A person that is not extremely knowledgeable concerning body language, may misinterpret what he sees.

Some experts cite the use of this new science on a commercial level to detect the effect of advertisements on television. This is done by photographing the eyes of a select audience while the commercial is being shown. The film is then studied to detect just when there is a widening of the eye. This shows that there is an unconscious placement of

sponse. There are many other signals in body language. It could be physically touching, the way one crosses his legs, or a simple facial expression.

The main point in body language is that for every situation, there are two elements; The delivery of the message and the reception of the message.

When you learn the basics and some of the rules of body language you will see that you have been exposed to it all of your life, and you can begin experimenting with it consciously. Next time you're at a party or any other social gathering pay closer attention to the gestures and bodily movements that the people make. See if you can find some physical signal. It might help you to understand the other person better and give you an advantage in your interpersonal relationships.



